

# Aamo-binashee Hummingbird

Written and illustrated by **Jennifer Leason** Translated into Anishinaabemowin by **Norman Chartrand** and **Jennifer Leason** 











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# Hummingbird / Aamo-binashee

#### Author/Illustrator: Jennifer Leason Translators: Norman Chartrand and Jennifer Leason

In this dual-language picture book in Anishinaabemowin and English, a child is chased by Windigo, who preys on isolation and insecurity. But Kokum calls to the child with a message of hope, and a hummingbird arrives with teachings of love and resilience.

**FORMAT** 8 × 8" 32 pages

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## **KEY SELLING POINTS**

- When an Indigenous child loses her way and is isolated and full of self-doubt, her grandmother and ancestors send help in the form of a hummingbird messenger, who brings teachings of resilience, love and connection.
- Author Jennifer Leason began writing this story after being visited by a hummingbird at her window, at the time that her mother departed this world for the spirit world. She shares this story as a reminder of our connection to our families and our ancestors, who continue to guide our journeys.
- This beautifully illustrated story expresses hope, healing and reclamation of Indigenous strength and identity in the wake of oppression and trauma.
- This is a dual-language book in Anishinaabemowin and English. There are many dialects of Anishinaabemowin, and this book presents a phonetic spelling of the language as learned by the author and co-translator in Duck Bay, northeastern Manitoba. This dialect is sometimes referred to as Western Ojibwa, Nakawēmowin, Saulteaux or Plains Ojibwa.





## ABOUT THE AUTHOR/ILLUSTRATOR

**JENNIFER LEASON** is an off-reserve member of Minegoziibe Anishinabe (Pine Creek First Nation), Manitoba, and the proud mother of Lucas and Lucy. Dr. Leason is a Canada Research Chair in Indigenous maternal child wellness and an associate professor at the University of Calgary. She is the author and illustrator of *Meennunyakaa / Blueberry Patch*. She lives in Treaty 6 Territory.

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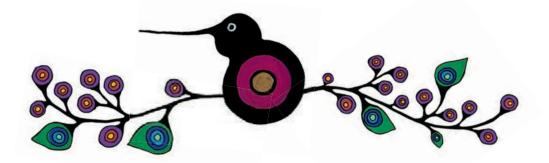


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Mee abii megaw abee-binoogii-yang kedum-minowiin, megow ka-ke-ta-tisor ke motecheowag. Ema Meeshomis, Kokum endo-what yeta Hudson Bay, Saskatchewan.

Keo-taminimiin, kega-ka-bec kessic. Apowata minowang ema mittogoke, eko-scon-owang neging-anaming ashogunning. Ke kee-moote-yang ema Kokum ca-koo-kit-gt, Otum-mimo-wang ech-quasowiin sheo chimo-gaa-gowiin.

Ema peshue-ca-qetiga-what mano-miin adamung neepin-wakak-yiigun. Meetma ka kee otum-min-owang.

When we were children, we would go to my grandparents' house in Hudson Bay, Saskatchewan. We would play outside while the adults visited.

My sister and cousins and I played all day, running through the trees, jumping and splashing in the water under the bridge and eating from Kokum's garden.

We played along the wheat fields behind the summerhouse. This was our playground.

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Gitche-gon na doo kee-omsi-dium kee-wiin tabida dumago-ing to on-qee konobimitiyang. Kega was ache isa-yang.

Koko kee-windamaqonan tabida Windigo keno-tes-gut-tay.

Windigo keno-tes-gut-tay.

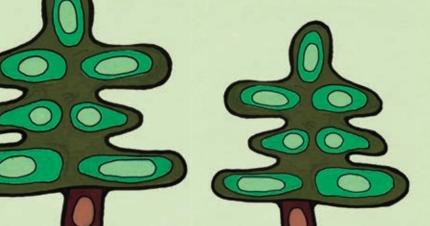
Windigo ka kitum-ee-gonnay-ed-ttago-ocunon eema ta-atwiin.

We were told to stay close and watch out for one another.

Kokum cautioned that if we weren't careful, Windigo would eat us.

Windigo is always hungry.

Windigo would eat us whole and leave only our bones behind.









Kee-kanton abinoogi-wiaan epimito-waan eema o-kanda-guck eneet-biccut enac-atawendannun Windigo ebiminisowiit.

Kabiit-neka-nee-baan-gishimuut keesis shi-go Windigo ay-gona.

Windigo eco-nog-bimit-ayewa-cun-dung ka kima kee-goo oma. Andee co-wonsi-pematisan.

No-kum ka-wiin nega-wasa dis-asee-ima onji kawa-conoc. Kee can-nemic koo-ko-tash.

I remember running through the pine trees after dark, with Windigo chasing after me.

The sunset and shadows were Windigo's gaze.

Windigo looked deep into my being, knowing where I came from before I was born.

It knew me. I was scared.

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Windigo awa kakistipicut.

Kakistipicut omin-aan-dan tipicut.

Kaa-nee-ka wasa geesha-see aying-go-ge ema kawas-koneck shigo tabida pe-sho ande ema, shigo kii-enwabanuck.

Windigo ekit-oo ne-stick gone-ick shigoo dai-ach-ing da-bod-tawaa.

Windigo is the darkness.

Darkness cultivates darkness.

I tried not to stray too far from the light.

But Windigo's lies crept into my heart, and I began to believe them.

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Shon-gi-see-yun shego majenda-go-se-ee-yan.

Yak ha-kee-kand-mun kessica kawanee-ka.

A no-chee kago-kessica ema attee.

Eeen-ga yay-ka kee-kam-do-mun ka-ween ke kam-dash-een.

Kina-miin-owiin omii-giin ee-ay-ye debwe-wan.

Kiina won-ato-miin ey-yay-kanda wendam-mung.

Onan niin? Onan niin? Onan niin?

Strength turns to weakness.

I forget what I once knew.

Confusion causes me to doubt everything.

The things that I believed were true turn to lies.

Lies eat the truth.

I lose hope.

Who am I? Who am I? Who am I?



Kan-gkeg-go et toot ta-man onish-shis-noon.

Kawiin ne-ka keg go-ett toot ta-man shego koy-yuck.

Kawiin nee-paw kazzee.

Kawiin yaminick ne-wap-skeesh-izee.

Kawiin ko-yack don nee-mee-yazzee.

Nam-ma-taap. Ka-kee-by-an-doom. To-dumoya-kai enigo-waan.

Kamiit je-na-mutt-tub ka-pa kindo shego ka-do-than-a-go nan-any-kowan.

Kawiin tabisca pe-shiish-e-go-zian.

Windigo na-wuutch anii-midimdo shego kush-itibick-kuck omii-gin ka-nii keesis kanen-nii-but. Everything about me is wrong.

Nothing I do is good enough.

I'm not smart.

I'm not white enough.

I do not pray the right way.

"Sit down. Don't talk. Do what you are told."

I sit on my hands and keep quiet.

I am empty.

Windigo grows bigger, and darkness eats away the dying light.



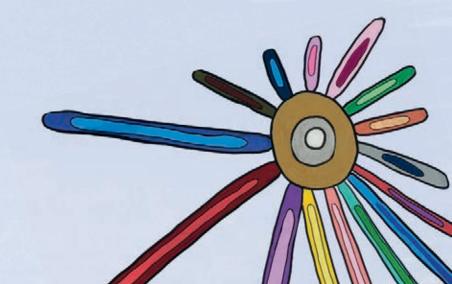


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Ka-wiin peka ke-pit-cheen. Papeca-catch undo-tun. Meminick tago meminick. Niin meminick shigo meminick.

"No...wait. STOP! Slow down. Listen. Enough is enough. You are more than enough."









Waniscan damis asha-chee wan-nish-kay-gun. Kego-wan it-tochan-ya kan-da wand damun. Kiin kee kitchee iman-da kosa-peetich na wuttch mee-mick ky im-nan damun.

Na wuttch ke-nee-paw-ka apeach ky-iman danion. Kiin ka-kim-na keg-go onish-is-sin.

Ka kiin-na-keg-go onish-isin bematizee-ay-yun. Yaa ke teput-tum-un ya-ka pimus-ayun onna akiin.

#### Kokum is calling.

"Wake up, my child. Wake up, my children. It's time to wake up.

Do not lose hope.

You are more precious than you know.

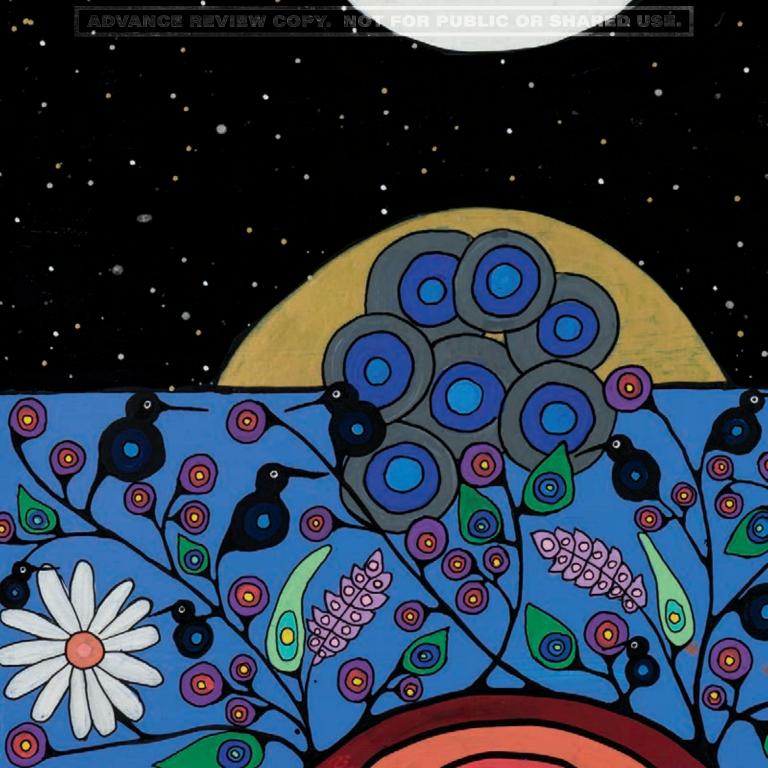
You are brilliant.

Everything about you is right.

Everything will be good in your life when you walk what you believe is your path here on this earth."









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Peck-shoo kee-kin nob mick-kook.

Kespin wanise-nun ima ka-kishkeetepikuk kam-ma ka-kay mick-a-mun unda-iyak wnan nishin un-pimo-say-yun kas-kan-di-gook miitikuck.

Ka kandan ka-kn a-ky kimishomisuck shigo koo-kuck ke-we-chee pimosumick-kook tabida. Ke-we-chee wick-gook kee-sag-kee-kook. Chee mittchay guet-chee ma-ta-ock. Kawiin nii ka-kee pe-chee go-see.

"The ancestors are watching over you. You never walk alone.

Whenever you are lost in the darkness or trying to find your way home through the pine trees, remember that the medicines and helpers are all around you.

The grandfathers and grandmothers love you. They will help you—all you have to do is ask."











Wii-chii-shin. Nii-wamishin.

Kawiin kee-kand daseen akow-nan ett-toot damun.

Wii-chii-shin. Nodan kand-dan kii-ka apshee-go-wan.

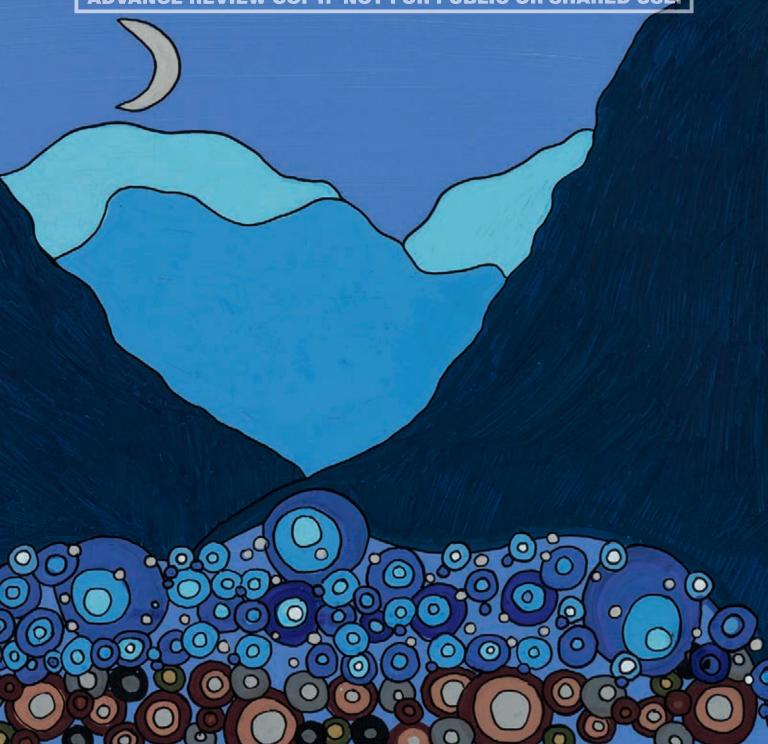
Yes, help me. I'm lost. I don't know what I'm doing. Help me. I need to know I'm not alone.











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No-goom keekisepp aamo-binashee a-onishee-sitt.

Kee-ponee ne-wass emi-gu-nig ke chee nana dan-dom.

Ash-m-wega nogoom zaag-iba-gaa eh-kee-pee-wee-chee-wiit.

When I woke this morning, a hummingbird with a bright fuchsia chest came to my window.

How strange, I thought. It's early in the year. It's only May. She came to help me.







Aamo-binashee ence ab-bee weendum mow-witt ka-kina-keggo kee-pee-chee-ma-gut.

Aamo-binashee ence pa-mashee nee-gan-esh-ee kama-as-ap pmio-pi-say awiin da-ma-go-ing a kingo-ma-ka-wung chee k-neb-dunm-ming ka-kee ish-dee biimatizi-wang kawiin me-me-je-ay-yung.

Pishamego chim-matizee-yung.

Hummingbird is a spirit messenger and teacher. She can fly backward and forward. She teaches us to learn from the past but not get stuck in old ways.

"Just keep going."







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Aamo-binashee ence ep-pitoot-kee-chee ka-goo min-an-do-koon shego kazz-sha-ting imatizee-yung koo-yuck. Pimatizee-win onish-ee-shin shego chee-saga-git-yung.

Hummingbird teaches us the importance of love and joy.

She reminds us to cherish the beauty and gifts within and around us.

"Life is good."





Aamo-binashee shego ka-ga chee kee-pum-young kee-ta-che-eman.

A-kin-og-ma-go-wing pee-cheen na-gow no-goom shego wa-bung. Zag-git-ing tabida.

Ga-gin-a a-way-aa pes-sig-omo kagim-a-waya oma akin-tach-go pechick.

Hummingbird teaches us to reopen our hearts when hurt has closed them.

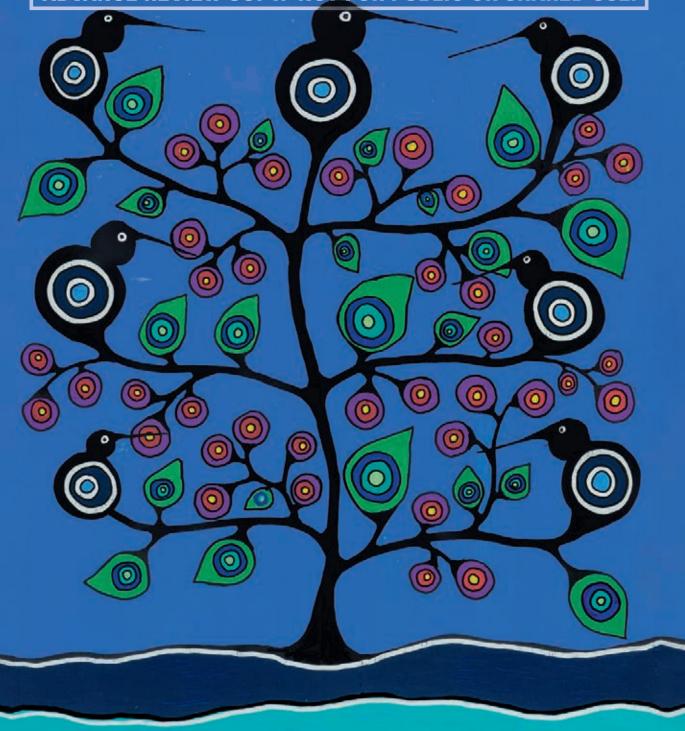
Her wings trace an endless figure eight—a symbol that love is forever.

"Love always. We are one. We are all connected."









Kespin Windigo mo-shee-yat eg-guno-bimick kama apa-kit-an-na-mut ema okeck-gun.

Kespin e-pin sho-wick ima kas-kan-dig-ook mitti-kuck.

Kespin ko-wan-ish, kespin en-dom-min a-wan-ish-shin.

Ma-meek-wan-don aamo-binashee shon-gut mas-kee-kee.

Ke-ta-a-wuck mi-suck-um-mick a-wee chee-kock a-sha-gee-kock.

Whenever you sense Windigo's gaze or feel its breath down your neck...

Whenever it is chasing you through the pine trees...

Whenever you feel lost...

Think of the hummingbird medicine and know that you are loved.

You are, and always have been, forever loved.



This book is dedicated to our mother, Patricia (Moosetail-Fagnan; Beauchamp-Chartrand) Leason, and to all the beautiful women for their matriarchal wisdom. Thank you for your love and light and for reminding us to embrace all our teachers.

—J.L.

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Summary: In this dual-language picture book in English and Anishinaabemowin, a child is chased by Windigo, who preys on isolation and insecurity. But Kokum calls to the child with a message of hope, and a hummingbird arrives with teachings of love and resilience.

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### **Reflections from the Author**

In May 2013 I was visited by a hummingbird at my window. How strange, I thought. It was much too early in the season, and the feeder was on the other side of the house. She was persistent as I kept looking up from my work. So I researched hummingbirds on the internet, wrote some words on sticky notes and pasted them to my window as a reminder of the hummingbird and her medicine. Three weeks later when I went outside, below the feeder was a dead hummingbird. She took my breath away, and when I picked her up, I saw how fragile she and life were. An hour later my sister phoned to tell me that our mother had died from a sudden heart attack. I was devastated that I never got to say goodbye. As I packed to go home for her funeral, I glanced at my window and saw the sticky notes and the words I had written. Words that I believe were my mother's last message to me as she departed this world for the spirit world. Words of wisdom and medicine and a reminder of our connection to our family and ancestors who guide our journeys.

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Boozhoo, Aniin Keesis Sagay Egette Kwe nindiznikaz. My name is Jennifer Leason, and my Anishinaabek name translates to First Shining Rays of Sunlight Woman.

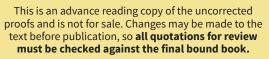
**Dr. Jennifer Leason** is an off-reserve member of Minegoziibe Anishinabe (Pine Creek First Nation), Manitoba, and the mother of two amazing children, Lucas and Lucy. Dr. Leason is a Canada Research Chair in Indigenous maternal child wellness and an associate professor at the University of Calgary. She is the co-author and illustrator of *Meennunyakaa* / *Blueberry Patch*. She lives in Treaty 6 Territory.

# You never walk alone.

Kokum warned us to watch out for one another. If we weren't careful, Windigo would eat us. But one night, alone in the darkness, I felt its breath on my neck. Windigo's lies crept into my heart, and I began to believe them.

In this deeply emotional and beautifully illustrated story, the ancestors send a hummingbird to a child lost in Windigo's darkness. Its teachings of resilience, love and connection bring the child home and remind us that the ancestors are always watching and can help us find our way if we only ask. This story is told in both Anishinaabemowin and English.

**Jennifer Leason** is an off-reserve member of Minegoziibe Anishinabe (Pine Creek First Nation), Manitoba, and the proud mother of Lucas and Lucy. Dr. Leason is a Canada Research Chair in Indigenous maternal child wellness and an associate professor at the University of Calgary. She is the author and illustrator of *Meennunyakaa / Blueberry Patch*. She lives in Treaty 6 Territory.



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