Youthold Mello Monique Gray Smith Danielle Daniel



You hold me up. I hold you up. We hold each other up.

Award-winning author and international speaker Monique Gray Smith wrote *You Hold Me Up* to prompt a dialogue among young people, their care providers and educators about reconciliation and the importance of the connections children make with others.

With vibrant illustrations from celebrated artist Danielle Daniel, this is a foundational book about building relationships, fostering empathy and encouraging respect between peers, starting with our littlest citizens.

From the author of:





This book was written in the spirit of Reconciliation and is dedicated to the children, families and staff of Aboriginal Head Start programs.—M.G.S.

To Melanie Hunt —D.D.

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You Hold Me Up

Author: Monique Gray Smith Illustrator: Danielle Daniel February 13, 2024

An evocative board book intended to foster empathy among children and encourage them to show each other love and support.

FORMAT Board Book PDF EPUB

7 x 7" 9781459836389 9781459814486 9781459814493

24 pages \$12.95

KEY SELLING POINTS

- Simple but powerful text shows us the different ways we can respect and be kind to one another in this moving board book.
- Originally published as a picture book, You Hold Me Up has been translated into French, Spanish, Plains Cree and Anishingabemowin. Now available in board book format for our littlest readers.
- The author is well-known for her board and picture books. Her title My Heart Fills With Happiness was selected for the 2019 TD Grade One Book Giveaway.
- Danielle Daniel's book Sometimes I Feel Like a Fox was the winner of the 2016 Marilyn Baillie Picture Book Award
 (CCBC), a finalist for the First Nation Communities Read Award and the 2017 Blue Spruce Award, and it was named
 one of New York Public Library's Most Notable Titles in 2015.

ABOUT THE AUTHOR



MONIQUE GRAY SMITH is an award-winning, bestselling author and public speaker. Her books cover a broad spectrum of ages, topics and emotions. Woven into all of Monique's writing and her speaking engagements is the teaching that Love is Medicine. Her books include *Speaking Our Truth: A Journey of Reconciliation, My Heart Fills With Happiness, You Hold Me Up, Lucy and Lola, Tilly: A Story of Hope and Resilience, Tilly and the Crazy Eights, When We Are Kind and I Hope.* She has also created the young adult adaptation of *Braiding Sweetgrass* by Robin Wall Kimmerer. Monique is Cree and Scottish. She lives with her family on the Traditional Territories of the Lek^wenen and WSANEĆ Peoples.

ABOUT THE ILLUSTRATOR



DANIELLE DANIEL is an award-winning author and illustrator of books for children and adults. She holds an MFA from the University of British Columbia and lives on Manitoulin Island with her family.

PRAISE FOR YOU HOLD ME UP

"Calming, positive, and serenely affirmative." —Kirkus Reviews

"Gentle, relevant and never heavy-handed, this book serves both as a quiet lullaby and a starting point for discussions on empathy, community and wellness." —Canadian Children's Book News

"A seemingly simple picture book that conveys a valuable message for all ages...This quiet book has a deep beauty and a universal message." —Marilyn Baillie Picture Book Award jury

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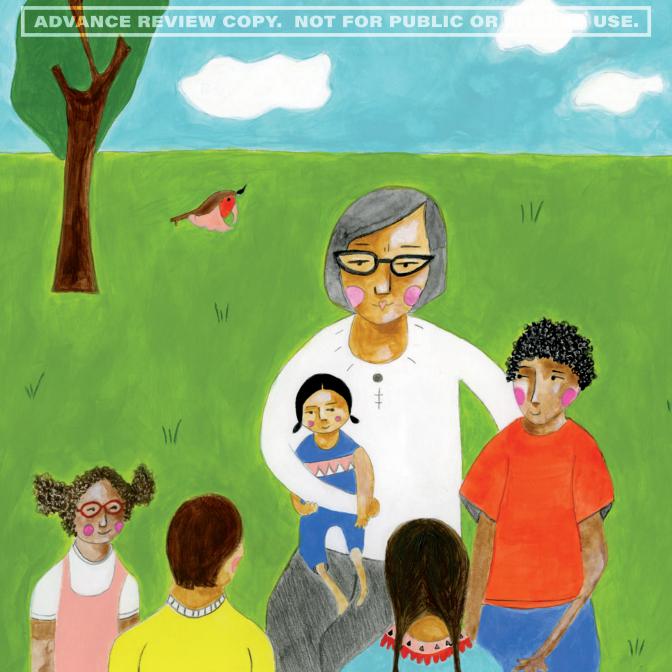




You hold me up when you are kind to me

when you share with me





when you learn with me.

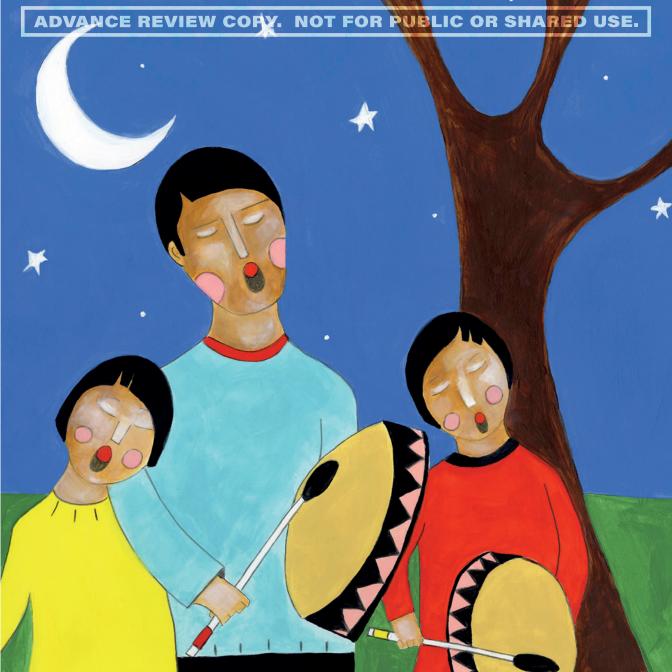
You hold me up when you play with me





when you laugh with me

when you sing with me.



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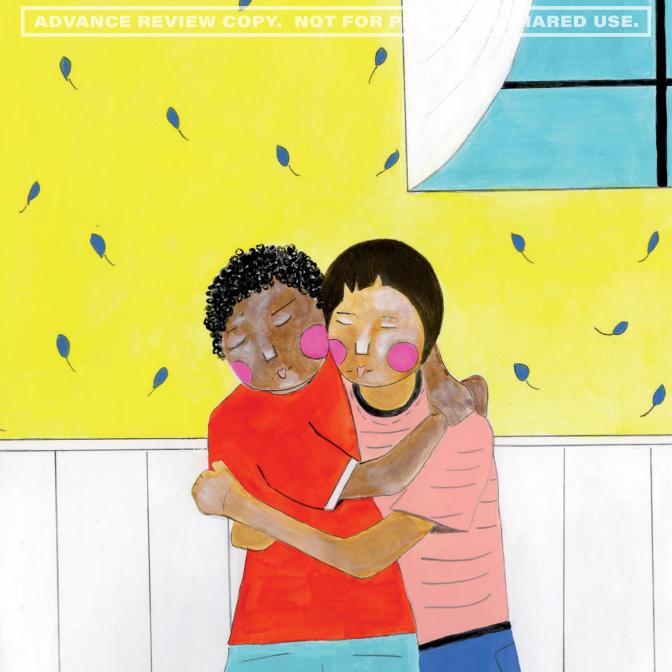
You hold me up when you comfort me



when you listen to me

when you respect me.





You hold me up.



I hold you up.



We hold each other up.