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Amy Hovey

YOGA BABY

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YOGA BABY

YOGA BABY

reach up high!
Spread your fingers
to the sky.



FROGGY BABY

look at you go!
Hop, hop, hopping
to and fro.



LION BABY

strong and proud
shake your tail
and roar out loud!





DOWNWARD BABY

upside down
peek through your legs
and all around.

MOUNTAIN BABY

look at you stand!
Bend and stretch
while you hold my hand.



COBRA BABY

tummy to floor
slither on your belly
and wiggle some more.





RABBIT BABY

curled up small
the cutest little bunny
of them all.

HAPPY BABY

grab your toes!
One foot, two foot—
whose are those?





BUTTERFLY BABY

snug in my lap
flutter your wings
and flap, flap, flap!



TURTLE BABY

resting your head
oh so sleepy
is it time for bed?

SAVASANA BABY

eyes closed tight
drift into dreamland
and say good night.



FOR OWEN AND CHARLOTTE, MY LITTLE YOGA BABIES.

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Summary: In this photographic board book, a diverse group of babies shows off yoga moves that come naturally to them.

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